Consent Form:

Please sign this consent form as this activity takes place outside school.

1.I consent to have my son / daughter

Class Teacher:

participate in swimming lessons with his/her class at **Sportslink Pool Santry** for 8 Wednesdays beginning **Wednesday 8th January 2020.**

2.Payment **€80** has been made using the 'Easy Payment Plus' link on our school website <u>www.baysidesns.ie</u>

Signature:	
Date:	



Bayside Senior School Verbena Ave., Bayside, Dublin 13.

Phone: 01-8393682



Bayside Senior School



December 2019

Dear Parents / Guardians,

Aquatics (water activities) has been part of the P.E. programme since the New Curriculum was introduced in 1999. Over the years, we have deliberated and consulted about how best to include it in our school.

Following our most recent review we have decided to move to Sportslink Pool Santry with effect from September 2019.

To go swimming the costs include:

- Pool hire
- Qualified and vetted swimming coaches and life guards
- Transport to and from the venue

4th Class **Room 11 and 12** will begin swimming lessons in **Sportslink Pool Santry** on **Wed 8th Jan 2020** for eight weeks. There will be **four** swimming instructors. The class will be divided into **Beginners, Improvers 1 and Improvers 2.** The lesson will take place from **1.00 pm to 1.45 pm.** The classes will travel to the pool by bus and return to school immediately afterwards.

The cost per pupil is <u>€80.</u>

Please note the following points:

- Uniforms are not worn on swimming days.
- Pupils wear a warm tracksuit over their swimsuit to school on swimming days.
- Bring a change of underwear to wear afterwards.
- Sportslink Pool has directed that swimming caps and flip flops must be worn.
- All pupils participate at their own level (as decided by the swimming coaches.)
- The children will have a quick shower before entering the pool.
- They will also shower immediately after pool time to remove chlorinated water. (No shower gel or shampoo please.)
- Towel dry hair. (No hairdryers please.)
- Proper showers / baths with hair washing and styling etc can take place at home on Wed evenings.
- Teachers (male and female) will supervise the squad changing rooms.

